



ROCK SPA

The full-service Rock Spa located on the third floor of Hard Rock Hotel San Diego provides guests everything they need to recharge for the night ahead, or decompress after the one they've just had. Featuring five luxurious treatment rooms, the spa offers a diverse menu of services including massage, facials and a range of other customized body treatments designed to pamper, soothe and revitalize the soul.

EZIA EXECUTIVE FITNESS MEMBERSHIP

Limited to 100 Members

EZIA Executive Fitness Membership at Rock Spa takes wellness to a whole new level with a series of offerings designed to cater to the busy executive. Hotel-wide privileges, exclusive discounts, personal training sessions and spa treatments are just a few of the exclusive benefits of becoming an EZIA Executive Fitness Member.

Fitness partner EZIA Human Performance, a private training club based in Carlsbad, Calif., provides both the accomplished athlete and general fitness-seeker a strategic approach to achieving health and boosting performance. Offering a holistic program that includes coaching, sports therapy, nutrition and more, EZIA will bring its customized training expertise to Rock Spa in downtown San Diego.



EZIA EXECUTIVE FITNESS MEMBERSHIP

at Hard Rock Hotel San Diego's Rock Spa

SPA & FITNESS SERVICES

- Two (2) personal training sessions or two (2) 50-minute spa treatments per month
- One (1) complimentary spa treatment per year
- One (1) complimentary night stay in a Studio suite at Hard Rock Hotel San Diego per year**
- Ten (10) daily fitness/spa guest passes per year
- Ten (10) VIP passes to Float and 207 per year

MEMBERSHIP FEE

\$1000 one-time initiation fee | Monthly dues - \$300

Per Session - \$85 (Non-member \$120)

Hours of operation:

Monday-Saturday 6am-9pm | Sunday 6am-6pm

ADDITIONAL PERKS

Along with the training and spa services listed above, membership includes: complimentary valet parking with any spa or personal training service; unlimited use of the fitness center, locker rooms and spa relaxation lounge; towel service; VIP concierge service; 24-hour dry cleaning services; access to the rooftop pool and hot tub; VIP check-in at the Green Room during any hotel stay; invitations to VIP and member events; exclusive discounts at outlets and hotel-wide charging privileges on your EZIA Executive Membership Card*.

**EZIA Executive Membership Card provides you exclusive discounts including - 20% off all hotel room reservations (based on availability, some restrictions may apply), 20% off executive meeting suites, 20% discount on food and beverage at Maryjane's restaurant, 10% off food and beverage in lobby-level 207 bar and rooftop lounge Float (Sunday-Thursday), 25% off all spa treatments and spa retail, (35% off Monday-Thursday between 11am-3pm), and 10% off retail at Rock Shop. Float and pool access is not included during Intervention, special events and private parties.*

***Hotel stay is based on availability; black out dates and certain restrictions will apply.*



FULL-SERVICE FITNESS CENTER Open 24 hours daily, the fitness center features state-of-art cardio equipment with individually mounted TVs, strength training equipment and a free weight area. Fresh towels and water are also provided.

INDULGENT BODY & BEAUTY SERVICES With five treatment rooms, including one luxurious couple's suite, Rock Spa provides an intimate space to enjoy a host of indulgent, relaxing and revitalizing body and beauty services. Signature treatments include the Dreamweaver Massage, Peace and Love Facial, and the Sake and Rice Body Ritual.

RELAXATION LOUNGE Spa guests enjoy a personal day use locker, robe, spa sandals, high-end spa toiletries, steam room, and relaxation room complete with soft lighting, cozy seating, fresh water and healthy snacks for nibbling.

HIGH-END SPA PRODUCTS Rock Spa offers a host of carefully selected, high-end retail products including skin care lines, perfumes, aromatherapy oils and candles, custom jewelry and stylish clothing options. Executive Fitness Members receive exclusive discounts on all products.

HARD ROCK HOTEL SAN DIEGO Located at the entrance of the Gaslamp Quarter, Hard Rock Hotel San Diego boasts an upscale, contemporary design, signature restaurants, a sophisticated nightlife, superior customer service and, of course, the distinctive thread running through all Hard Rock properties – music. Amenities include 420 rooms and suites including 17 Rock Star Suites, more than 40,000 square feet of unique meeting and event space, a world-class Nobu restaurant, Float pool lounge and street-level 207 bar. Additional features include retro-chic diner Maryjane's, Rock Spa and fitness center, a landscaped rooftop pool deck with private cabanas, Rock Shop and a Pinkberry yogurt store.

BALANCE



REVITALIZE



ENERGIZE



PAMPER



CHILL